



# STRONGER Together



2021 Michigan WIC Training & Educational Conference

## Virtual Agenda

**Day 1** : Wednesday June 2, 2021

### 9:00 a.m. - 9:15 a.m. Welcome and Opening Remarks

Christina Herring, PhD; Elizabeth Hertel, MBA; Joneigh Khaldun, MD, MPH; Orlando Todd, MBA

### 9:15 a.m. - 10:45 a.m. Opening Keynote

How to Stay Positive in a Negative World - *Phil Hamberg, LMSW, LMFT*



### 10:45 a.m. - 11:00 a.m. Break

### 11:00 a.m. - 12:00 p.m. General Session 1

Equity in the Opportunity to Survive the 1st Year of Life; A Dream Deferred - *Arthur James, MD, FACOG*



### 12:00 p.m. - 12:45 p.m. Lunch

### 12:45 p.m. - 1:45 p.m. Concurrent Sessions (100)

101 Promoting and Supporting Nutrition Services: The Role of Support Staff - *Tara Fischer, MS, RD; Denise Gearhart*



102 Bridging the Gap: A Continuum of Care Between WIC and Birthing Hospitals - *Denise Beasley, CLC, CLS; Delicia Shimkoski, BSN, RN, IBCLC*



103 Iron Deficiency and Beyond - *Beth Kurt*



104 Fostering WIC and EHDI Community Collaborations - *Shelly Schindler, AUD*



105 Opportunities and Updates: Federal Child Nutrition Policy - *Meghan Maroney, MPH; Noora Kanfash, MPH*



### 1:45 p.m. - 2:00 p.m. Break

### 2:00 p.m. - 3:00 p.m. Concurrent Sessions (200)

201 be nice: An Action Plan to Save, Change and Improve Lives - *Christy Buck, LBSW*



202 Integrating Research into Practice - *Shera C. Thomas-Jackson, Ph.D., IBCLC*



203 The 2020-2025 Dietary Guidelines for Americans: Highlights for WIC Professionals - *Jessi Silverman, MSPH, RD*



204 Water Quality and Health - *Kristin Ward, MSA; Julia Grescowle, M.Ed., CHES*



205 Everything You Need to Know About the WIC Connect Mobile App and the EBT Transition - *Amy Dotson, Pam Gove*



### 3:00 p.m. - 4:30 p.m. Visit Exhibitors

Continuing Education: Nursing Registered Dietitian IBCLE

Visit [miwicconference.com](http://miwicconference.com) for more information





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## Virtual Agenda

**Day 2** : Thursday June 3, 2021

### 8:30 a.m. - 9:30 a.m. Concurrent Sessions (300)

- |     |                                                                                                             |   |   |   |
|-----|-------------------------------------------------------------------------------------------------------------|---|---|---|
| 301 | Wish I Hadn't Said That: The Fine Art of De-Escalating Conflict - <i>Monica Smith, MA, LPC, RD</i>          | ♥ | 🍴 | ♿ |
| 302 | Baby-Led Weaning: Supporting the Self-Feeding Approach to Starting Solids - <i>Diana Rice, RD, LD, CLEC</i> | ♥ | 🍴 | ♿ |
| 303 | Why Weight? Fad Diets and Trends - <i>Lisa Andrews, MEd, RD, LD</i>                                         | ♥ | 🍴 | ♿ |
| 304 | The Truth About E-cigarettes - <i>Carolyn Chaudhary, MPH</i>                                                | ♥ | 🍴 |   |
| 305 | A Look at WIC Outreach Efforts and Data Quality - <i>Bagya Kodur; Kristina Brady, MPH; Whitney Jackson</i>  | ♥ | 🍴 | ♿ |

### 9:30 a.m. - 9:45 a.m. Break

### 9:45 a.m. - 10:45 a.m. General Session 2

- |  |                                                                                               |   |   |   |
|--|-----------------------------------------------------------------------------------------------|---|---|---|
|  | Food Dignity® COVID-19 Era: Challenge the Stigma, Change the Culture - <i>Clancy Harrison</i> | ♥ | 🍴 | ♿ |
|--|-----------------------------------------------------------------------------------------------|---|---|---|

### 10:45 a.m. - 11:00 a.m. Break

### 11:00 a.m. - 12:00 p.m. Concurrent Sessions (400)

- |     |                                                                                                                                                |   |   |   |
|-----|------------------------------------------------------------------------------------------------------------------------------------------------|---|---|---|
| 401 | The Client Shopping Experience - <i>Katherine Groble, MSc</i>                                                                                  |   | 🍴 |   |
| 402 | Virtual Village: Building Community Support Network and Fostering a Virtual Support to Improve Community Health Outcomes - <i>Millie Goins</i> | ♥ | 🍴 | ♿ |
| 403 | Maternal Mental Health During and After Pregnancy - <i>Nancy Roberts, RN, CCE, CBC</i>                                                         | ♥ | 🍴 | ♿ |
| 404 | Think Outside the Pantry: Innovation in Food Access - <i>Clancy Harrison, Meryl Smith, Sarah Mills</i>                                         | ♥ | 🍴 | ♿ |
| 405 | Bias in WIC - <i>Quinney Harris</i>                                                                                                            |   | 🍴 | ♿ |

### 12:00 p.m. - 12:45 p.m. Lunch

### 12:45 p.m. - 1:45 p.m. General Session 3

- |  |                                                              |   |   |  |
|--|--------------------------------------------------------------|---|---|--|
|  | Human Trafficking: Myths vs. Reality - <i>Dena Nazer, MD</i> | ♥ | 🍴 |  |
|--|--------------------------------------------------------------|---|---|--|

### 1:45 p.m. - 2:00 p.m. Break

### 2:00 p.m. - 3:00 p.m. Closing Keynote

- |  |                                                                                                         |   |   |   |
|--|---------------------------------------------------------------------------------------------------------|---|---|---|
|  | Beyond Getting it Done: Sharing Our Gifts, Minimizing Our Challenges - <i>Monica Smith, MA, LPC, RD</i> | ♥ | 🍴 | ♿ |
|--|---------------------------------------------------------------------------------------------------------|---|---|---|

### 3:00 p.m. - 3:10 p.m. Closing Remarks

Christina Herring, PhD

### 3:10 p.m. - 4:30 p.m. Visit Exhibitors

Continuing Education: ♥ Nursing 🍴 Registered Dietitian ♿ IBCLE

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